



## National, State, & Local HelpLines

### LOVE IS RESPECT

[loveisrespect.org](http://loveisrespect.org) | 1-866-331-9474 or 1-866-331-8453 | text "loveis" to 22522

Contact LovelsRespect if you want to talk to someone, need advice about your relationship or a loved one's relationship, or if you have legal questions

### NATIONAL DOMESTIC VIOLENCE HOTLINE

1-800-799-SAFE (7233) | Canada: 1-800-363-9010 | [www.thehotline.org](http://www.thehotline.org)

Contact LovelsRespect if you want to talk to someone, need advice about your relationship or a loved one's relationship, or if you have legal questions

### MY PLAN APP

Can be found in the app store | [myplanapp.org/](http://myplanapp.org/)

Contact LovelsRespect if you want to talk to someone, need advice about your relationship or a loved one's relationship, or if you have legal questions

### CT SAFE CONNECT

(888)774-2900 | [ctcadv.org](http://ctcadv.org) | [ctsafecconnect.org](http://ctsafecconnect.org)

Contact LovelsRespect if you want to talk to someone, need advice about your relationship or a loved one's relationship, or if you have legal questions

### NEW HORIZONS DOMESTIC VIOLENCE SERVICES

860-344-9599 | [newhorizonsdv.com](http://newhorizonsdv.com)

New Horizons is the CCADV Member Agency that covers Middlesex County. From a 24-hour hotline and emergency shelter to court advocacy and groups and programs for the community, we are dedicated to helping to find solutions for those who experience domestic violence.

### NATIONAL SEXUAL ASSAULT HOTLINE

1-800-656-HOPE | [www.rainn.org](http://www.rainn.org)

The National Sexual Assault Hotline provides basic information for victims or friends/family of victims, short-term crisis intervention and support, answers to questions about recovering from sexual assault, and resources to assist with the reporting process via hotline or chat.

## CONNECTICUT ALLIANCE TO END SEXUAL VIOLENCE

English: 1-888-999-5545 | Spanish: 1-888-568-8332 | [endsexualviolencect.org](http://endsexualviolencect.org)

Connecticut Alliance to End Sexual Violence offers free and confidential help at all member center locations. Each center provides hotline services, crisis counseling, support groups, referral information, and many other vital services to anyone in need.

## WOMEN & FAMILIES CENTER: SEXUAL ASSAULT CRISIS SERVICES

203-235-4444 | [womenfamilies.org](http://womenfamilies.org)

The WFC (SACS) Program offers support to those who have recently experienced a sexual assault or have been trying to cope with a past sexual assault. Services include accompaniments to hospital, court, police stations; support groups, counseling and advocacy, short term shelter, etc. WFC SACS covers all of Middlesex and parts of New Haven county.

## THE TREVOR PROJECT

[www.thetrevorproject.org](http://www.thetrevorproject.org) | 1-866-488-7386

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people.

## STRONG HEARTS HELPLINE

1-844-7NATIVE (762-8483) | [strongheartshelpline.org](http://strongheartshelpline.org)

A 24/7 safe, confidential and anonymous domestic and sexual violence helpline for Native Americans and Alaska Natives, offering culturally-appropriate support and advocacy.

## THE DEAF HOTLINE

855-812-1001 | [thedeafhotline.org](http://thedeafhotline.org)

The Deaf Hotline is a 24/7 hotline that is ASL accessible for people experiencing abuse. With the Deaf Hotline, you can consult with a culturally-adept and trained advocate in ASL. Whether you're in need of safety planning, crisis intervention, emotional support or have some questions, we are here for you.

***\*\*\*Please keep in mind that many abusive partners check their partner's electronic devices, so if you want to go on a website or call a hotline, you may want to do it from a friend's device or public device.***

***As always call 911 in an emergency.***